



IJS Class

Insight On the New International Judging System

As we all know now, Figure Skating has adopted a new judging system that awards a point value for all elements performed in your programs. This class will help skaters and coaches understand this system and how to best perform our skating to maximize points. Many skaters have experienced the new reality that 1 point can make the difference between 1st place and 5th place. Our resident Technical Specialists will teach you the basics AND the nuances that can make the difference in squeezing out all the points you can.

Areas covered in this class will include:

- Technical Panel and Their Procedures
- Levels on Spins and Step Sequences
 - Grade of Execution (G.O.E.)
 - Risk Management
 - Components

**Fridays 5:20 – 5:50PM
The Blue Rink**

Join Us For Our Friday Night Exhibitions Immediately Following this Class to Try Out What You Learned!

Please contact Steve Moore at 860-665-7825 ext. 10 or stevemoore@newingtonarena.com with any questions.

NEWINGTON ARENA 300 ALUMNI RD NEWINGTON CT 06111-1865 USA
PHONE: 860-665-7825 FAX: 860-665-7824 www.neskatingacademy.com



On-Ice Classes Spring/Summer 2009

Skaters Name: _____ Age: _____

Address: _____

City: _____ State: _____

Zip: _____ Phone: _____ Cell: _____

Parents Name: _____ Email: _____

Current Skating Level: _____ Skating Goals: _____

(8-Week Cycles)

Monday -	<i>Choreography Class</i>	_____	\$70.00
Monday -	<i>Adult Class</i>	_____	\$70.00
Tuesday -	<i>Ice Dancing Class</i>	_____	\$70.00
Wednesday -	<i>FS 101 (Includes Off-Ice)</i>	_____	\$150.00
Thursday -	<i>Jump & Spin Class</i>	_____	\$70.00
Thursday -	<i>Stroking Class</i>	_____	\$70.00
Friday -	<i>IJS Class</i>	_____	\$70.00
Friday -	<i>Friday Night Performance</i>	_____	\$70.00
Saturday -	<i>Skating 101 (Includes Off-Ice)</i>	_____	\$150.00
Sunday -	<i>Skating 101 (Includes Off-Ice)</i>	_____	\$150.00
FS 101 - 2 Days a Week -	W Sa Su	_____	\$250.00
	(Please Circle Which Days)		
FS 101 - 3 Days a Week -	W Sa Su	_____	\$300.00
	(Please Circle Which Days)		
3-Class Combo		_____	\$150.00
5-Class Combo		_____	\$200.00
Book of Coupons (Available Only With 3 or 5 Class Combo)		_____	\$60.00
		_____	Total

****FS 101 Can Be Taken Without Off-Ice For the Same Price as All Off-Ice Classes**

Credit Card# _____

Signature: _____ Exp: _____

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